

WILLIAMSTOWN LACROSSE CLUB



2021 RETURN TO LACROSSE NOTICE No. 1

29 January 2021

1. Lacrosse Victoria – Return to Lacrosse Conditions

The Victorian State Government (State Government) announced another update on the easing of COVID-19 restrictions on 17 January 2021.

In response, Lacrosse Victoria released its [2021 COVID-19 Return to Lacrosse Conditions](#) effective from 29 January 2021, which was developed within the framework provided by [Sport and Recreation Victoria \(SRV\)](#) as well as the [Department of Health and Human Services \(DHHS\)](#).

Lacrosse Victoria's conditions have been designed to support Clubs, Officials, Players and Parents to return to lacrosse in 2021 as safely as possible.

With respect to the 2021 Victorian Lacrosse Competition, Lacrosse Victoria are working on the fixtures with the aim of commencing the season the week after Easter for Seniors and the following week for Juniors.

In the interim, we are pleased to announce 2021 pre-season training details as follows:

Senior Training will commence at 6.30pm Tuesday 2nd February at the Greenwich Reserve, Newport and will continue on Tuesday's and Thursday's at the Greenwich throughout February before relocating to the Fearon Reserve, Williamstown from Tuesday 2nd March. Anybody interested in attending Senior Training should email Darren.Gibson@macquarie.com to confirm their attendance.

Junior Training: Under 11, Under 13, Under 15 and Under 17 training officially commences 5.30pm Tuesday 2nd March at the Fearon Reserve. All players interested in attending training should email Sean.Clarke@outlook.com to confirm their attendance.

Under 15s and U17s: while Junior Training is formally scheduled to commence at the Fearon Reserve, Williamstown from 5.30pm Tuesday 2nd March, U15s and U17s are welcome to join Senior Training at the Greenwich. Any U15s or U17s interested in attending Senior Training should email Darren.Gibson@macquarie.com to confirm their attendance.

2. Williamstown Lacrosse Club 2021 Return to Lacrosse Conditions

Noting the ongoing and evolving COVID-19 situation, we ask members to keep a lookout for updates, which will be posted via the WLC website, TeamApp, and Facebook page.

Anyone attending a WLC training session must read and understand LV's [2021 Return to Lacrosse Conditions](#). These conditions must be read in conjunction with "3. 2021 WLC Notice to All Players, Parents, & Spectators" below, as they contain vital information for all participants to adhere to in order to return to lacrosse from 2nd February 2021.

In order to safeguard the health and wellbeing of our members and the community more broadly, it is critical that everyone attending training strictly adhere to these conditions as a failure to do

so could result in HBCC removing access to facilities. Additionally, non-compliance could result in serious health implications, while legal and financial penalties may be levied on the club and any individual if they are in breach.

3. 2021 WLC Notice to All Players, Parents & Spectators

Please read and familiarise yourself with the following:-

1. You must be registered before you attend training or you will not be allowed to train – please click on the [2021 WLC Player Registration Form](#) link here to register. At this stage fees will not be required to restart training. 2021 Players Fees will be advised closer to the start of the competition season.
2. Participants' attendance will be taken before training commences. The attendance data will include: first and last name, team, confirmation of registration with Lacrosse Victoria and club, date, arrival and departure times.
3. You must not attend training and will be asked to leave if in the past 14 days you:
 - a. Have tested positive for COVID-19;
 - b. Have been unwell or had any flu like symptoms;
 - c. Have been in contact with a known or suspected case of COVID-19;
 - d. Have had any respiratory symptoms;
 - e. Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions;
 - f. If you have any symptoms of coronavirus (COVID-19), however mild, you should seek advice and get tested. For more information please visit the DHHS website.
4. Any person experiencing symptoms or that has been in contact with someone who has experienced symptoms in the last 14 days will be sent home.
5. Participants should bring their own equipment and drink bottle, towel etc.
6. Personal equipment (helmet, gloves, pads and stick) is discouraged from being shared. If it is however necessary to share equipment, the first person using the equipment will sanitise their hands and wipe or spray the item with an alcohol-based sanitiser wipe or spray
7. Parents or spectators must maintain social distancing. Spectators are allowed. The number of spectators allowed is defined by the size of the space. You need to follow the two square metre rule outside and four square metre rule inside.
8. Participants, parents, and spectators are recommended to follow hygiene protocols. Suggestions from the DHHS can be found [here](#).
9. **Contact lacrosse training and competition can resume for all ages, subject to maintaining physical distancing of 1.5 metres wherever reasonably possible.**
10. It is recommended that all participants, coaches and club volunteers download the COVIDSafe App from the Apple App Store or Google Play.
11. At this stage, no access to the lacrosse pavilion areas at the Greenwich or Fearon (including toilets, change rooms, social room) will be permitted, other than essential access for a coach to set up and pack down coaching sessions
12. All players must bring their own drink bottles and not re-fill at the club.

13. Players will be required to check in with the coach or team support staff prior to each training session to record your attendance.
14. Remember to wash your hands often with soap and water for at least 20 seconds – if soap and water are not available, use an alcohol-based hand sanitiser (this will be provided).
15. Avoid touching your face.
16. Cover your coughs and sneezes with your elbow or tissue. Used tissues should be placed immediately in the bin, then wash your hands.
17. Avoid physical contact, such as high fives, handshake, and hugs.
18. Avoid close contact with people who are sick.
19. If you have been in contact with other individuals who are sick, please do not attend training.
20. If you are feeling unwell, stay home and seek medical treatment, do NOT attend training.
21. If you are experiencing symptoms during training, please advise your coach or team support staff a.s.a.p.
22. If you experience symptoms post training, please inform your coach.
23. No sharing of personal items such as: equipment, water bottles, towels, mouthguards, etc. It is important to clean these items after each training session.
24. If you don't bring your own drink bottles, mouthguards, sticks/equipment or goalie gear (if relevant) then you will not be able to participate in training
25. Participants are responsible for their own taping, strapping, wrapping etc.
26. No discharge of bodily fluids such as clearing nasal passages or spitting.

We trust this assists with your return to lacrosse in 2021, but if you have any questions please do not hesitate to get in touch with any of the following:

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